

**SCHEME
FOR
PREPARATION FOR INDIAN TEAM
FOR
COMMONWEALTH GAMES 2010**

(LTF)

**GOVERNMENT OF INDIA
MINISTRY OF YOUTH AFFAIRS &
SPORTS
INTERNATIONAL SPORTS DIVISION
JUNE 2008**

SCHEME

The scheme is specifically designed to cater to the requirements of a core group of elite athletes, who will be medal probable for the Commonwealth Games, Delhi 2010. The Commonwealth Games 2010 would be held in 17 disciplines along with events for Elite Athletes with Disability (EAD). It has been envisaged under the scheme that around 3 to 4 times the number of athletes who will actually represent the country in each discipline would be taken up for comprehensive and intensive training for these Games. A statement showing the number of sportspersons in the Core Group vis-à-vis the number of sportspersons who will actually participate in the Commonwealth Games, 2010 is attached as Annexure-IV. The schedule of training, exposure, competition etc. would cover a period of 305 days in a year. The training would comprise domestic and foreign components. Foreign coaches would also be engaged wherever required. The probable will be exposed to international competitions which will form part of their annual schedule of training and exposure. Scientific support facilities in the nature of Scientific/Medical equipments would be provided during their training in India along with the services of physical trainers, physiotherapists, masseurs, sports science experts, etc. Psychological support through experts would be provided for sports where high levels of concentration are critical for improving performance. Appropriate food supplements would be provided for athletes of power sports and those sports which entail vigorous physical exercise. The physical infrastructure at the centers of Sports Authority of India including hostels, training facilities, equipment and scientific back up arrangements would be upgraded to provide state of art facilities to cater to the requirement of these athletes for their training/coaching in India. The scheme will be implemented through the Sports Authority of India (SAI).

A monitoring system based on monitorable parameters in respect of progressive improvement and physical fitness for each discipline would be put in place. The monitoring system would be used to evaluate the performance of each athlete from the core group and take a view in respect of his/her continuance or replacement in the core group. In this manner in the run up to the Games the athletes with the highest performance levels would be able to represent the country in the Games.

Test events will be conducted for each discipline closer to the Games. These will help familiarize the selected athletes with the newly created venues in a competition environment. It will also assist in evaluating the performance levels of the athletes.

ROLL OF FEDERATION

1. Be responsible for the selection of the national teams and the management and supervision of the preparatory/training camps preceding the mandatory tournaments for the selected national teams and also their participation in these Inter-country tournaments of their respective sports disciplines for which they are recognized by the concerned International Federation.
2. Identify the Core Group of Probable for the Commonwealth Games which would be presented for finalization to the 'Steering Committee'.
3. Draw up the Annual Calendar of Training & Competition (ACTC) for the elite athletes in consultation with the Sports Authority of India (SAI) which would be presented for finalization to the 'Steering Committee'.
4. Identify Coaches (Indian/Foreign), supporting personnel including Doctors, Physiotherapists, Psychologists, Physiologists, Sports Analyst, Masseurs/Masseuse, etc, who are to be engaged for coaching etc of the elite athletes. These would be presented to the 'Steering Committee' for finalization.
5. In consultation with SAI, identify the training/coaching institutes in India and abroad for training/coaching/exposure of the Core Group and negotiate with them the terms etc for the training/coaching.
6. Assist SAI to import/purchase of Sports equipments/kits of International standard for the use of the Core Group of Athletes.
7. Submit reports to SAI to enable it to monitor the progress and performance of the Core Group of Athletes of their discipline and on the basis of their performance levels suggest their continuation or deletion from the list.
8. Conduct tournaments like 'Challengers' Trophy, for the Sports Discipline/s where qualification for premier tournaments depends upon world rankings (based on points earned from various tournaments), in order to improve the world rankings of Indian Players and make them eligible for major tournament.
9. Organize International Tournaments in India, for giving better exposure to Core Group of sportspersons, in each discipline.
10. Conduct 'Test Events/s' for their respective sports discipline in 2008-09/2009-2010/2010-11 in order to test the performance of the Core Group of probable and identify shortcomings so that these could be addressed appropriately.

LIST OF PROBABLES

Men

1. A. Sharath Kamal
2. Subhajit Saha
3. Sourav Chakarborty
4. Pathik Mehta
5. Amal Raj
6. Sanil Shetty
7. Soumyadeep Roy
8. Aniket Koparkar
9. Jubin Kumar
10. Anirban Nandy
11. Aman Balgu
12. Devesh Karia
13. G. Sathiyam
14. Soumyajit Ghosh
15. Shubham Sharma
16. Sayan Paul Roy
17. Raj Mondal
18. R. Abhishek
19. Arpit Bhopalkar
20. Harmit Desai

Women

1. K. Shamini
2. Neha Agarwal
3. Poulomi Ghatak
4. Madhurika Patkar
5. Mouma Das
6. Divya Deshpande
7. Susmita Ray
8. Prajakta Tipale
9. Pooja S. Buddhe
10. Soumi Mondal
11. Kasturi Chakraborty
12. Ashlesha Bodas
13. Ankita Das
14. A.V. Nivedita
15. Sanya Sehgal
16. Mansi Bhagwat
17. Mamta Prabhu

COACHES

Foreign Coach	Mr. Massimo Constantini
Indian Coach	Mr. B. Mukherjee, SAI
	Mr. Vijayasarithi.S SAI
	Mr. Manoj Chowhan
	Mr. Opendro Singh
	Ms. Nandini Kulkarni
	Mrs. Rita Jain
Physiotherapist	Dr. Vandana Tanwar
Psychologist	Dr. Rajan Kukreja
	“Salient Voice” V-219, 1 st Floor, Rajori Gardan New Delhi-110027
Sports Analyst	(Yet to finalize)
Masseur	Mr.K.Das